

**TRAVEL AGENTS & TOUR OPERATORS  
DISCOVER CIMTA'S ECHOES OF WISDOM  
FAM TOUR & EXPERIENCE INDIGENOUS  
CULTURE THROUGH HANDS-ON LEARNING**



Join us for an exclusive tour exploring the heart of Indigenous culture through four transformative experiences.

**What to Expect**

- Immersive Cultural Experiences
- Hands-On Workshops
- Insightful Stories and Teachings
- Engagement with local Indigenous Elders, Knowledge Keepers, Tradition Bearers & Artisans



**780-933-0182**

## Experiences:

**1. Smudging:** Experience the cleansing power of smudging, a sacred practice that grounds and centers. Learn about the cultural significance of each herb and take part in a ceremony that promotes healing and connection.

### **2. Beading Workshop**

Discover the artistry of Indigenous beadwork in this hands-on workshop. Try your hand at creating traditional patterns, learning how each bead contributes to the cultural tapestry and storytelling of Indigenous communities.

### **3. Medicine Wheel Teachings**

Gain insight into the Medicine Wheel, a powerful symbol of balance and interconnectedness in Indigenous culture. Explore its teachings and how they relate to personal wellness and community harmony.

### **4. Legends & Stories**

Hear the untold stories of Indigenous soldiers, highlighting their courage and contributions. This moving experience provides a glimpse into their lives and fosters understanding, honor and reconciliation.

## Join Us

Be part of an unforgettable journey into Indigenous heritage and wisdom. Each experience is designed to deepen understanding and create lasting connections.

### **Location:**

Veterans Memorial Gardens & Interpretive Centre  
Grande Prairie Alberta

**Duration:** 2, 4 and 6 hour Fam Tours available  
To book yours contact Renee at 780-933-0182

ECHOES OF WISDOM EXPERIENCES AT  
VETERANS MEMORIAL GARDENS &  
INTERPRETIVE CENTRE  
10121-93 ST GRANDE PRAIRIE AB T8V 1Y1